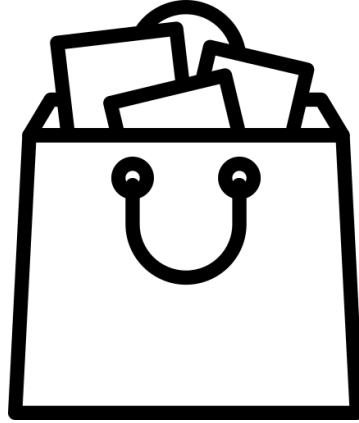


“BRING-WITH” BAG



TO TAKE TO WORK

THINGS TO THINK ABOUT BRINGING WITH YOU TO WORK DURING #COVID19

- CHANGE OF CLOTHES
- TOWEL AND SHOWER SUPPLIES
- ALL ESSENTIAL TOILETRIES
- BOTTLED WATER/HYDRATION SUPPLIES
- QUICK SNACKS LIKE CEREAL BARS ETC
- NON-PERISHABLE FOOD FOR MEALS (TINS ETC)
- PHONE / TABLET / LAPTOP (+ CHARGERS)
- PERSONAL MEDICATIONS
- SMALL AMOUNT OF MONEY

- *Check you have enough fuel in your car*
- *Charge your devices before a shift*
- *Hand sanitiser for personal use outside work*
- *Think about how to minimise your route home*



MINIMISE VALUABLES TAKEN IN TO THE HOSPITAL AS YOU WILL UNLIKELY BE ABLE TO TAKE ANY BAGS OR BELONGINGS INTO CONTAMINATED CLINICAL AREAS.